



Helen Hughes

Independent Case Manager
Compass Case Management

Physiotherapist

helen@compasscasemanagement.co.uk



Adults

Specialisms

Brain Injury,
Spinal Injury,
Complex Orthopaedic,
Complex Polytrauma.

Experience of:

Amputation,
Birth Injury,
Disorders of
Consciousness,
Pain Management,
Vocational Support,
Headaches.



The
Case Management
Community



Profile

Helen is a dedicated and compassionate case manager with specialist experience supporting clients with brain injury, spinal cord injury, and amputation. Helen has experience working with clients internationally, including the UAE, USA, and Portugal. She is a qualified physiotherapist with over 15 years of clinical experience both in the UK and internationally.

Helen specialised in the field of neurological rehabilitation early on in her career and has since gained a vast array of experience within acute neurology and long-term conditions. As a case manager, Helen works with adults who have sustained complex injuries such as traumatic brain injury, spinal cord injury, complex polytrauma and amputation. She is highly driven and passionate about helping people reach their full potential following life-changing events.

Helen has worked as a subject matter expert for the health authority licensing exams and as a physiotherapist to the UAE royal family. She has been invited to present on neurological physiotherapy management and the importance of coordinated care at numerous national and international conferences. Helen holds a master's degree in public health with distinction.


Testimonial

"Working with Helen these past few years has been a pleasure. She is very organised and provides the best care possible for me. She pays attention to detail and is always available to help. She calls to check that I have everything I need and always lets me know that she's there to help. She is very supportive when it comes to my care, and she makes sure that my sister is aware of everything going on. As a family member that liaises with Helen, I find her to be very organised and professional. She has my brother's best interest at the forefront of what she does. She is also very trustworthy and honest. Best case manager we've had!"

Client and Sister

Location Banstead, Surrey

Coverage South East England, International

| | |
|---|---|
| Professional Memberships | <p>Health and Care Professions Council (PH90111) Chartered Society of Physiotherapy (082209) British Association of Brain Injury Case Managers (4548) Case Management Society UK (22-7049-CM) Institute of Registration of Case Managers (RCM1959)</p> <p>Registration evidence available on request.</p> |
| CQC Registration Status  | <p>3HUB Ltd is Registered with CQC 21/03/2024 Click here for CQC registration; 3HUB Community Members are able to use the 3HUB Ltd CQC registration and governance processes as an associate of 3HUB for clients that need regulated activity (subject to capacity). Current Rating: CQC has not inspected this service yet Regulated Activity Provided: personal care; treatment of disease, disorder or injury; caring for adults over 65 yrs; caring for adults under 65 yrs; caring for children (0 – 18 yrs); and physical disabilities.</p> |
| Qualifications | <p>BSc Hons Degree Physiotherapy 2008 MPH Public Health 2018</p> |
| Continuous Professional Development | <p>Regular training and formal 3 monthly supervision. Professional development reviews and governance/due diligence checks are undertaken annually. Current Mandatory Training Certificate and Safeguarding Level 3 Certificate available on request.</p> |
| Professional Liability Insurance Policy | <p>Professional Indemnity Cover: up to £6million per claim Public Liability Cover: up to £6million per claim Policy details available on request.</p> |
| GDPR compliant | <p>Current ICO Certificate available on request. Data Controller: Helen Hughes</p> |
| Enhanced DBS Certificate & Update Service | <p>Full, clear enhanced Disclosure and Barring Service (DBS) certificate currently in place & update service details available on request.</p> |
| Key Policies | <p>All our policies and procedures are reviewed annually, and full details are available on request. Our suite of policies and procedures include Governance (including third party due diligence), Data & IT, Safeguarding, Safe Working & Risk Management, Employment, Clinical.</p> |